Terms, conditions, policies, disclaimer, liability waiver.+

I understand that the coaching Services I will be receiving from my coach are not offered as a substitute for professional mental health care or medical care and are not intended to diagnose, treat or cure any mental health or medical conditions. I also understand that my coach is not acting as a mental health counselor or medical professional

\_\_\_\_\_I understand that coaching is at present, an unregulated industry and that my coach is not licensed by the state of Pennsylvania or any other state. I also understand that for all legal purposes, the services provided by my coach will be considered to be provided in the state of Pennsylvania.

\_\_\_\_\_I understand and agree that I am fully responsible for my well-being during my coaching sessions and subsequently, including my choices and decisions.

\_\_\_\_\_I understand that coaching is not a substitute for medical care, emergency medical care, primary physician care, medical doctor counseling, psychotherapy, psychoan and psycho and Analysis, mental health care or substance abuse treatment and I will not use it in place of any form of therapy.

\_\_\_\_\_I understand that all comments and ideas offered by my coach are solely for the purpose of aiding me in achieving my defined goals. I have the ability to give my informed consent and hereby give such consent to my coach to assist me in achieving such goals. I understand that to the extent our work together involves health, my coach is not promising outcomes included but not limited to increased health, healing any disease and or mental health.

I understand that my coach will protect my information as confidential unless I state otherwise in writing. If I report child elder abuse or neglect or threaten to harm myself or someone else, I understand that necessary actions will be taken and my confidentiality agreement Limited in this capacity. furthermore, if my Coach is ordered by a court to provide information or to testify, she will do so to the extent the law requires

\_\_\_\_\_I understand that the use of technology is not always secure and I accept the risks of confidentiality in the use of email, text, phone, zoom, Skype and other technology.

\_\_\_\_\_\_I hereby release, wave, aquit and forever discharge my coach, any agents, successors, assigns, personal representatives, executors, heirs and employees from every claim, suit action, demand or right to compensation for damages I may claim to have or that I may have a rising out of ax or emissions by myself or by my coach as a result of the advice given by my coach or otherwise resulting from the coaching relationship contemplated by this agreement. I further declare and represent that no promise, inducement or agreement not expressed in this agreement has been made to me to sign this agreement. This agreement shall bind my heirs, executors, personal Representatives, successors, assigns, and agents.